

Harding Township Civic Association

THUMBNAIL ACCOUNTS OF CIVIC AFFAIRS

“Keeping Harding Informed Since 1949”

www.HardingCivic.org

ANNOUNCEMENTS AND UPCOMING Events February 2023

TOWNSHIP COMMITTEE MEETING

Hurstmont and Glen Alpin Going to the Same New Owner

The TC meeting this month lasted only 14 minutes. But preliminarily, it appears that the Hurstmont Redevelopment group wants to acquire Glen Alpin and maybe even the property next to Glen Alpin.

This is obviously in the early negotiation stage.

NEW VERNON FIRST AID SQUAD

5 Things to Do to Avoid and Expedite Care in a Medical Emergency

Here are five things you should do to avoid a medical emergency, and if you can't avoid one, to expedite medical care for yourself or a loved one when emergency medical care is needed according to Dr. John Torres, NBC News senior medical contributor, appearing on the January 18, 2023, episode of TODAY show.

1. Keep your hands out of your pockets when walking on stairs or slippery surfaces.

A common cause of medical emergencies is falling. "Keep your hands out of your pocket if you're going downstairs or on icy, slippery surfaces," Torres said. "If you fall, you can't catch yourself."

2. Don't call friends or loved ones first.

Although it is a perfectly natural instinct to call friends or loved ones first when you experience or witness a medical emergency, don't! Doing so only wastes valuable time during which experienced medical care could be dispatched to the scene to help. **Call 911 for help.** Friends and family can be contacted after emergency responders with the skills to help are on the way.

3. Don't try to drive yourself or others to the hospital.

When a trip to the hospital seems like a good idea because you or someone else is experiencing a medical emergency, you may think it is a good idea to drive to the hospital rather than wait for an ambulance. It isn't. You should call 911 and let trained emergency medical technicians transport you to the hospital in an ambulance. This will expedite receipt of medical care and arrival at the hospital as quickly and safely as possible. Torres notes that "If you're driving with someone who needs medical attention, you're probably going to be too distracted to concentrate on the road."

4. Don't leave someone unattended in the emergency department.

Someone who's in pain and dealing with an emergency situation may not be able to effectively [advocate for themselves](#) in the hospital, Torres said. "They're not going to be thinking straight, especially if they're hurting," he explained. "So (it's important to) have somebody there who can ask questions." And remember, "It's OK to be pushy, but it's not OK to be obnoxious," Torres added.

5. *Don't forget your cell phone charger.*

"I can't tell you how many times people come in and their cell phones die because you're going to be there for six, 10, 12 hours," Torres said. It's a good idea to bring a charger with you so that you can keep loved ones up-to-date while you're there.

Excerpts from Sarah Jacoby, [ER Doc Shares 5 Things You Should Never Do in a Medical Emergency](https://www.today.com/health/doctor-medical-emergency-mistakes-rcna66276), January 18, 2023 ([today.com/health/doctor-medical-emergency-mistakes-rcna66276](https://www.today.com/health/doctor-medical-emergency-mistakes-rcna66276))

About the New Vernon Volunteer First Aid Squad (NVVFAS) - We are volunteer Emergency Medical Technicians and ambulance drivers who have been providing pre-hospital medical care for Harding Township since 1974. We are composed entirely of men and women who volunteer their time for this life-saving service. We do not charge for our services, nor are we supported by taxes. All necessary funds come through donations and fund-raisers. If not for people just like you who are willing to give generously of their time and/or other support, this important service could not exist. **Please consider joining our team (no previous medical or related experience necessary) and/or giving a tax-deductible donation by visiting us at <https://nvvfd.org/first-aid-squad>.**

GREAT SWAMP WATERSHED ASSOCIATION

January/February Calendar of Events

Full "Snow" Moon Night Hike

Monday, February 6, 6-7:30 PM

Great Swamp National Wildlife Refuge – Wildlife Observation Center, Harding Twp., NJ

There is no such thing as bad weather, only bad clothes. So, no more excuses! It's time to bundle up and get back outside to experience the rejuvenating power of nature on this relaxing night hike. The February full moon is known as the "Snow Moon" because lots of snow is generally found on the ground in most Northern

Hemisphere countries during this time. Come experience it for yourself. GSWA members: Free. Non-members: suggested donation \$10/adult, \$5/child. Register at GreatSwamp.org or call 973-538-3500.

President's Day Hike @ the Refuge

Great Swamp National Wildlife Refuge - Orange Trail

Monday, February 20, 1-3 PM

Celebrate this President's Day with a relaxing, family-friendly, guided tour of the Great Swamp National Wildlife Refuge's Orange Trail. The kids are off from school and it's a beautiful time of year to connect with nature. If there happens to be snow on the ground, your guide, GSWA's Ginger VanRyzin, will help look for tracks and other signs of the critters who call the Refuge home. GSWA members: Free. Non-members: suggested donation \$10/adult, \$5/child. Register at GreatSwamp.org or call 973-538-3500.

Native Pollinator Plant Webinar Series

Wasps: The Astonishing Diversity of a Misunderstood Insect

Tuesday, February 21, 7-8 PM / Free Zoom webinar

Wasps - people love to hate them. However, contrary to popular belief, wasps serve 2 important roles in our ecosystem: 1) they are pest controllers, hunting other insect species and keeping their population in check which prevents garden and crop decimation, and 2) they are pollinators for nearly 1000 plant species. Join acclaimed author Eric Eaton as he deconstructs our misconceptions about the often-vilified wasps and talks about the invaluable ecosystem services wasps provide. He will also challenge us to shift the outdated mindset of what really constitutes a "yard" or "garden" and help homeowners think more holistically about what really constitutes beneficial species. While this program is free for all participants, a suggested donation of \$5-\$10 is appreciated to help offset the cost of bringing you this great, nationally recognized speaker. Register at GreatSwamp.org or call 973-538-3500.

HISTORIC PRESERVATION COMMISSION

HISTORIC HOUSE OF THE YEAR

The Historic Preservation Commission of Harding Township would like to present a residential dwelling that adds aesthetic value and interest to the community. We are proud of the homes that contribute to the historical character of the township. Historic districts recognize architectural importance to commercial buildings and residences all across the nation and preserve the character and identity of the township.

Historic house of the year will be a chance for us to highlight a property that enhances our historical character in the township. Also, we would like to show how this home adds to the rural streetscape. There are many homes in Harding Township that are located down private drives one cannot view by just passing along one of our country roads. As people travel through our town they are welcomed with rolling hills, meadows and bucolic surroundings.

Specific Requirements:

- The home we wish to highlight should be viewed from the road and streetscape.
- Display proper use of material, including but not limited to, exterior sheathing, trim, windows, roof style and colors.
- Architectural style that complements the rural character.
- Landscaping and light that is indigenous to the geography.

If you would like to be considered, please submit a summary as to how your residence meets the specific requirements; please email the Historic Preservation Secretary at landuse@hardingnj.org. The deadline for submission is April 1, 2023.

FIRST PRESBYTERIAN CHURCH

Let's Do Lunch! We cordially invite our retired friends and neighbors to join us for lunch on Wednesday, February 15th at 12:00 noon in Fellowship Hall. Please let us know that you are coming Church Office at 973-538-8394 or officeadmin@pcnv.org.

KEMMERER LIBRARY:

Kemmerer Library Harding Township - to register for any program go to hardinglibrary.org

Pre-School Programs

Tuesday Morning Toddler Program at 10:15a.m.

Tuesday, February 7th - Ventures in Nature

Tuesday, February 14th - Join Miss Carol for fun songs and dance!

Tuesday, February 21st - Ventures in Nature

Tuesday, February 28th- Join Miss Carol for fun songs and dance!

Toddler Yoga - Tuesday, February 7th at 11:15a.m.

Join Miss Kayla on the first Tuesday of every month for some fun and easy yoga!

SATURDAY FUN – Sing and Dance with Miss Carol - Saturday, February 4th at 1:00pm

Join Miss Carol for fun songs and dance! New programming on a Saturday, once per month.

Programs for School Age Children - register at hardinglibrary.org

Build a Snow Globe - Wednesday, February 8th at 4:00pm

Join us to make your own snow globe!

Registration is required

Storytime Yoga –Friday, February 10th at 4:00pm

Join Miss Pamela from @peaceplay for fun yoga and a story time!

Registration is required

Kids Photography Class - Monday, February 13th 4:00pm

Join Kathy Bross to do a new, fun, hands-on photography activity every month and to learn how to use professional cameras.

This program is for kids 8 and up

Registration is required

Kids Rocketry - Wednesday, February 15th at 4:00pm

Volunteers from the 4H ResistoJets Rocketry Club will be coming to the library! Come learn the physics behind rockets then build and launch your own rocket!

This program is for grades K and up.

Registration is required

Please register each child separately

Read to a Dog - Wednesday, February 22nd, at 3:45pm

Creature Comfort Pet Therapy will be visiting the library at 3:45pm! Children will have the opportunity to practice their reading-by-reading stories to therapy dogs for 15 minutes.

Registration is required

Crafternoon - Friday, February 24th at 3:45pm

Join us for a fun afternoon of crafting!

Adult Programs - register at hardinglibrary.org

Yoga - Yoga with MJ on Mondays and Thursdays at 10:15a.m. \$10 suggested donation.

Book Club - Open to all. Please join this fun, interesting group. 1:30 p.m. at the library

Tuesday, February 7th - *Empire of the Summer Moon* by S. C. Gwynne

Tuesday, February 21st - *Hester* by Laurie Albanese

Built in Harding featuring Sarah Conine of Garden Cottage - Monday, February 6th at 7p.m.

(in person and on zoom)

The featured guest for February's Built in Harding is Sarah Conine, who along with her mother, Eunice, founded Garden Cottage in 1990. The iconic 18th-century

farmhouse on Route 202 has grounds that serve as an outdoor showroom. The farmhouse is filled with furnishings, home and garden accessories and ceramics. Join us to learn more about Sarah and Garden Cottage.

Adults Create (aka Adult Craft Club) -Tuesday, February 7th at 2:30p.m.

Do you Zentangle? Join us to create your own miniature meditative abstract work of art! Learn the basic steps of the Zentangle method and how you can begin creating Zentangle art. Zentangle is a form of artistic meditation by creating a collection of abstract, overlapping patterns in black and white. No artistic or drawing skill required!!

Foreign Policy Association's Great Decisions - Tuesday, February 7th at 7p.m. (in person only)

Great Decisions is America's largest discussion program on world affairs. The program model involves reading the Great Decisions Briefing Book, watching the documentary film series and meeting in a Discussion Group to discuss the most critical global issues facing America today. Each year, eight topics are chosen by a panel of experts.

The first topic is Energy GeoPolitics. How will changes in the energy industries impact relations between countries? Access to oil and gas has long held an influence over the politics of individual nations and their relations with others. But as more countries move toward sustainable energy, and supply chain shortages affect the availability of oil and gas, how will this change the way in which the United States interacts with the outside world? This discussion will be moderated by Professor Ian Drake.

Japan in Profile featuring Unique Sights of Japan -Thursday, February 9th at 7p.m. (on zoom)

This program will feature Kyoto, Kobe, Shimizu, Yokohama, and Osaka. Japan is a nation of islands that isolated itself from the outside world for many years. This enabled Japan to develop a unique culture and its own religion. Here it is common to see women walking around in kimonos especially when visiting shrines and temples.

Explore Shinto shrines and customs and visit Buddhist temples. Admire gardens, feudal castles, Mount Fuji and much more as we explore these Japanese cities. Next in the series are March 14 which will feature Himeji, Kochi, Hiroshima, Kagoshima, Fukuoka, and Aomori followed by May 9 which will focus on Tokyo. The presenter is retired history teacher and world traveler Sheila Taub.

Sweets for the Sweet - Monday, February 13th at 7p.m. (in person only)

Celebrate Valentine's Day with Chinese tea and cupcakes! Marjorie Wang is joined by Bettor Bakes founder, Tori Butchin to present a tea and cupcake pairing just in time for Valentine's Day! Explore the complexities and nuances of Chinese tea, and how it's flavors can be enhanced by delicious sweets.

Pyramids, Obelisks and Mummies: Monuments of Ancient Egypt - Wednesday, February 15th at 7p.m. (on zoom)

Ancient Egypt is one of the wellsprings of world civilization. This presentation explores the ancient Egyptians and their many accomplishments. Come learn about their amazing feats of architecture and engineering, their beliefs and culture, and their religion. Explore the remains they left behind and see their impact on modern society today. Presented by Professor Rich Veit.

Artist in Residence featuring Josie Dakers-Brathwaite - starting Tuesday, February 21st at 2:30 and running for 8 consecutive weeks (in person)

Thanks to the NJ Council of the Arts, the Kemmerer Library is pleased to present a textile art residency to learn the ancient art of working with felt and fabrics. In this residency, to be held once a week, for 8 consecutive weeks, students will be taught felt making by Josephine Dakers-Brathwaite. Students will work with fiber to create 2 dimensional (2d) and 3 dimensional (3d) projects. For more information and to register, go to hardinglibrary.org

The Amazing Life of Fridtjof Nansen: Explorer, Statesman, Humanitarian - Wednesday, February 22nd at 7 (on zoom)

Fridtjof Nansen (1861-1930), accomplished more in 68 years than most people could accomplish in three lifetimes. Athlete, scientist, polar explorer, statesman, and

humanitarian, he was one of the most famous citizens Norway ever produced. Tim Boyce, editor of the World War II concentration camp diary written by Fridtjof's son, Odd Nansen, will discuss Fridtjof Nansen's remarkable life and varied achievements, focusing primarily on his 1893 attempt to reach the North Pole, and his later humanitarian undertakings, which earned him the Nobel Peace Prize in 1922.

Cooking Club, Wednesday, February 22 at 11a.m. (in person)

Welcome to the Cooking Club; a new initiative in 2023! Each meeting will have a theme and we will share our favorite cookbooks, recipes or family stories about that theme. In honor of the Lunar New Year, the February theme will be East Asian and Thai Cooking.

Please bring your favorite ethnic cookbook, recipe and/or story of a great family recipe from this category.

We will meet the last Wednesday of each month in the Adult Reading Room at 11a.m.

Vinnie Bruno presents The Motown Story - Tuesday, February 28th at 7 (on zoom)
Motown, established by Berry Gordy in 1960, has been described as the greatest pop music hit factory in recording history. We will explore how the "Motown Sound" was created and how it has become a worldwide phenomenon beloved by millions to this day. From the "hit machine" songwriting teams to the in-house studio band to the extraordinary roster of recording artists including Smokey Robinson & the Miracles, The Supremes, Four Tops, The Temptations, Stevie Wonder, Marvin Gaye and countless others. The influence of the house that Gordy built is still standing with 201 No. 1 worldwide hits and counting.

Virtual Author Visits

Lana Harper, *back in a Spell*, Thursday, February 9th, 7p.m.

Tune in for a magical evening with *New York Times* bestselling author Lana Harper as she discusses the enchanting third installment of her immensely popular *The Witches of Thistle Grove* series, *back in a Spell*.

Grace M. Cho, *Tastes Like War*, Thursday, February 16th, 1p.m.

You don't want to miss an insightful chat with award-winning author Grace M. Cho as she discusses her memoir, *Tastes Like War: A Memoir*.

Sadeqa Johnson, *The House of Eve*, Tuesday, February 28th, 4p.m.

The House of Eve is a fast-paced, harrowing story that hinges on what it means to be a woman and a mother, and how much one is willing to sacrifice to achieve her greatest goal. Join us for a fascinating conversation with Sadeqa Johnson, award winning author of *Yellow Wife*.

Writers' Critique Group launching at Kemmerer Library

Are you working on writing your own novel, children's book, magazine article, film or comic script? Would you like to get together with other experienced or aspiring writers for support and feedback? Writing does not have to be a lonely endeavor. Kemmerer Library will be hosting a writers' critique group once a month in the evenings starting in March. Any writer, no matter how experienced, 16 years old or older, is welcome to attend. If interested, please contact margie.ticknor@harding.mainlib.org

HARDING SENIORS

Harding Township Seniors Meeting.

Church of Christ the King 11:00 am

February 9. New Vernon Garden Club: Making Flower Arrangements

February 23. Bingo

Lunch will be Served

Join the Harding Township Seniors:

Meetings 2nd & 4th Thursdays 11:00am at Church of Christ the King

Programs, Trips, Lunch Come Join Us Met Your Neighbors & New Friends

gwilllean@gmail.com. 973-984-3963

GREAT BROOK GALLERY

Valentines Party at Great Brook Gallery!

17 Village Road

Come meet Claudia Seymour, an accomplished oil and pastel still life artist, at our Valentines Party, February 9 - 10- 11. You will find something special for someone special! Claudia will present her new works that will be on show through March. You will “Fall in Love” with her work! Our hours for the opening will be Thursday, Feb. 9 & Friday, Feb. 10 from 4-8 pm and Saturday, Feb 11 from 10-4pm. Or, come see her work, that of John Traynor and local artists during our normal hours:

Tuesdays - Fridays noon to 4pm Saturdays: 10 am -4pm

Please call Justine Kovacs, resident artist, with questions at 973-804-6521

UNITED METHODIST CHURCH IN GREEN VILLAGE

500 Spring Valley Rd, Green Village

Large Rummage Sale

Saturday, February 25, 9am-1pm (Sat- bring own shopping bags)

Bag Sale: Sunday, February 26, 12pm-2pm

Visit event's FB page for additional photos and updates: United Methodist Church in Green Village, go to Events, and look at Rummage Sale event page

HARDING TOWNSHIP HISTORICAL SOCIETY

The Historical Society would like to thank the Kemmerer Library for hosting our digital photo array. The array contains various historical photos of Harding Township from our archives. The display will be updated with new photos periodically. Stop by the library and look at Harding’s past. The Historical Society is looking for photos from the 100th anniversary year or any other historical photos of Harding. Please

email us with a description of the photos at Hardinghist@comcast.net. SAVE THE DATE-May 6th-the Tunis Ellicks House will be open as part of The Pathways to History Tour in Morris County. Stop by and chat with Benjamin Franklin!

HARDING TOWNSHIP CIVIC ASSOCIATION

Call for Nominees for Hesna Pfeiffer Award for Civic Engagement

The mission of the HT Civic Assoc is to foster an informed and engaged citizenry.

One of the ways we try to foster volunteerism and engagement is through this award - the **Hesna Pfeiffer Award for Civic Engagement**. Hesna was the long-time editor of the Thumbnail, our volunteer produced and citizen-funded newsletter. We lost her too soon a few years ago. To honor her memory and service to Harding, we renamed this annual award, formerly Distinguished Citizen Award, to the “Hesna Pfeiffer Award for Civic Engagement.”

We ask that people of Harding propose candidates for the 2022 award. All ages are eligible. Simple send an email to HTCA@mail.com. Write the key elements of the case for your nominee. Deadline for submissions is February 15.

Thumbnail & Website News and Announcements

If you have a submission for the March 2023 Thumbnail, please send it via email to the editor: hardingcivicassociation@gmail.com by Friday, February 17th, 2023. MS Word is the preferred format, Times New Roman size 13, thank you. Current and past issues of the Thumbnail, as well as the Directory are available on our website: www.HardingCivic.org.

HARDING TOWNSHIP RECYCLING

2023 Recycling Schedule:

FEB 4TH, 18th

MAR 4th, 18th

APR 1st, 15TH, 29th

Hours of Operation:

Wednesday: 7am-Noon

Saturdays: 9am-Noon

Every Wednesday, seniors (residents 60+) will have full assistance available to them from 7am-9am. All residents are welcome for all hours that Recycling is open. Social distancing must be always observed.

Commingled Recyclables: Consists of all aluminum and tin cans, glass bottles, all plastic bottles, and containers with the recycling symbol, and #1,2,4,5 & 7. Try to crush plastic bottles to conserve space. Please remember no plastic or paper bags.

Commingled Mixed Fiber: Consists of all paper, cardboard, newspaper, office paper, magazines, and books. Please put loose or shredded paper in paper bag. Please flatten all boxes or fill with other paper products.

Other Accepted Items: Batteries; automotive (car) and household (rechargeable accepted); Automotive and light truck tires, (on or off rim), Propane tanks (BBQ size only) and fluorescent bulbs (tube and compact).

E-Waste Items: Computers, monitors, laptops, and televisions cannot be put in household trash. However, all E-waste items including printers, copiers,

fax machines and all computer peripherals can be brought to the Harding DPW recycling center at the regular hours of operation.

Recycling Questions: Please contact Tracy Toribio at Harding Department: 973-267-2448, Mon-Fri 8am-3pm.

DATES TO REMEMBER

Environmental Commission
Seniors: Christ the King Church
Planning Board
Historical Preservation Committee
Board of Health
Board of Education
Board of Adjustment
Township Committee Executive
Harding Open Space
Harding TWP Civic Association

Meetings as noted **Time**

1st Wednesday 7:30 PM
2nd & 4th Thursday 11:00AM
4th Monday 7:30 PM
1st Thursday 7:30 PM
2nd Thursday 7:30 PM
1st & 3rd Monday 7:30 PM
3rd Thursday 7:30 PM
2nd Monday 7:30 PM
2nd Wednesday 7:30 PM
2nd Tuesday 7:30 PM

Non-Profit Org
U.S. Postage
PAID
Chester, NJ
Permit No. 60

DATED MATERIAL

Harding Township Civic Association
P.O. Box 72, New Vernon, NJ 07976
ADDRESS SERVICE REQUESTED